



Rule 65G-8, F.A.C. Definitions, Key Points, and Reporting

2014 Provider Training

- Rick Scott, Governor
- Barbara Palmer, APD Director



What is 65G-8, F.A.C.?

Reactive Strategies: Ch. 65G-8, F.A.C.

- The rule covering the use of Reactive Strategies



What is 65G-8, F.A.C.? (continued)

Reactive Strategies: Ch. 65G-8, F.A.C.

- Right to be free from unnecessary restraint and seclusion
- Restraint should only be used in an emergency
- Restraint should only be used to protect the client or others
- May not be used as punishment or for convenience of staff
- May not be used as a substitute for planned treatment



What is 65G-8, F.A.C.? (continued)

Reactive Strategies: Ch. 65G-8, F.A.C.

- Shall impose the least possible restriction required
- Shall be removed when the emergency ends
- Shall not cause physical injury to the client
- Shall be designed for the greatest possible comfort



To Whom Does 65G-8, F.A.C. Apply?

Reactive Strategies: Ch. 65G-8, F.A.C.

- Any person with a developmental disability who is an APD client in the State of Florida.
- All providers and facilities that use reactive strategies – residential or day programs
- ANY residential operation serving Agency clients or any residential operation licensed under Chapter 393, F.S., and includes separate and secure facilities serving forensics clients pursuant to Chapter. 916, Part III, F.S.



Examples of a Reactive Strategy

Reactive Strategies: Ch. 65G-8, F.A.C.

- Manual “Physical” Restraint
- Chemical Restraint
- Baker-Act
- Involvement with Law enforcement
- Mechanical Restraint
- Behavioral Protective Device
- Time-out >20 min. (recorded as “Seclusion”)



Why Do We Call It Reactive?

Reactive Strategies: Ch. 65G-8, F.A.C.

- It is not a planned intervention!!!
- There was a programming breakdown.
- There was a breakdown in engaging people in activities that are meaningful to them.
- There was a breakdown in being attentive to individuals when they were being appropriately engaged.



Why Do We Call It Reactive?

Reactive Strategies: Ch. 65G-8, F.A.C.

- There was a breakdown in interacting with individuals when they are being appropriate.
- There was a breakdown in consistently and appropriately implementing behavioral procedures.
- There was a breakdown in being able to redirect or diffuse the escalation of problem behavior.



Definitions

Reactive Strategies: Ch. 65G-8, F.A.C.

- Manual “Physical” Restraint
- Seclusion
- Chemical Restraint
- Behavioral Protective Device
- Mechanical Restraint
- Baker Act



Manual “Physical” Restraint

Reactive Strategies: Ch. 65G-8, F.A.C.

- Is the use of hands or body to immobilize a person’s freedom of movement or normal access to his or her body for more than 15 continuous seconds.
- It does NOT include physically guiding a client during transport or skill training for up to 2 min.
- Repeated applications and releases of manual restraint in order to circumvent the fifteen-second and two-minute criteria are prohibited.



Seclusion

Reactive Strategies: Ch. 65G-8, F.A.C.

- “Seclusion” means the involuntary isolation of a person in a room or area from which the person is prevented from leaving. The prevention may be by physical barrier or by a staff member who is acting in a manner, or who is physically situated, so as to prevent the person from leaving the room or area. For the purposes of this chapter, the term does not mean isolation due to the medical condition or symptoms of the person.



Chemical Restraint

Reactive Strategies: Ch. 65G-8, F.A.C.

- Is the use of medication to effect **immediate** control of an individual's behavior.
- It does not include the medication administered as treatment for a medical or psychiatric condition.
- Again - **For medication given to effect immediate behavioral control.**



Behavioral Protective Device

Reactive Strategies: Ch. 65G-8, F.A.C.

- Is a device used to interfere with or prevent specific results of a targeted behavior?
 - ▶ Must be part of a behavior program
 - ▶ Must be approved by the Local Review Committee



Mechanical Restraint

Reactive Strategies: Ch. 65G-8, F.A.C.

- Is a physical device used to restrict an individual's movement or restrict the normal function of the individual's body?
- The definition does not include:
 - ▶ Medical protective equipment as defined by this rule;
 - ▶ Physical equipment, orthopedic appliances, surgical dressings, bandages, supportive body bands, or other restraints necessary for medical treatment, routine physical examinations, or medical tests;
 - ▶ Devices used to support functional body position, proper balance, to prevent a person from falling out of bed, falling out of a wheelchair; or
 - ▶ Equipment used for safety during transportation, like seatbelts or wheelchair tie-downs.



Baker-Act

Reactive Strategies: Ch. 65G-8, F.A.C.

- Means emergency admission to a psychiatric facility, regardless who initiated the referral for psychiatric evaluation
- Involvement with law enforcement - If law enforcement was involved in the management of the behavioral episode, in any way



Reporting Process

Reactive Strategies: Ch. 65G-8, F.A.C.

- Use the “Reactive Strategy Report Form”
- Submit Monthly to the APD Field Office VIA SECURE EMAIL - **NOT fax** - due by the 5th working day of each month to your Regional Behavioral Analyst.
- APD office Submits Full Area Report Monthly to State Office due by the 10th calendar day of the month.



Completing a Reactive Strategies Report (continued)

Reactive Strategies: Ch. 65G-8, F.A.C.

- Report for Month / Year:
 - ▶ For what month/year are you reporting?
 - ▶ Example: March 2014
- Date Form Completed:
 - ▶ On what date did you complete and submit the report?
 - ▶ Example: April 4th, 2014
- Person Completing Form:
 - ▶ Who completed and submitted the report?
 - ▶ Only list agency head if the agency head completes the form.



Fill in the “Area”

Reactive Strategies: Ch. 65G-8, F.A.C.

Please enter the appropriate information for each column below.

This cell has a pull down list of all the areas.
Pull down to find the area in which the reactive strategy was used

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date
▼	▼	▼	▼	▼	▼



“Name of the Facility or Program”

Reactive Strategies: Ch. 65G-8, F.A.C.

Type the facility or program name where the reactive strategy was used.
Enter the full name even if it does not appear to fit in the cell.
The name is in the spreadsheet even if you cannot see all of it.

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date



“Type of Facility”

Reactive Strategies: Ch. 65G-8, F.A.C.

There’s a pull down list to choose the type of facility that best describes the facility or program where the reactive strategy was used.

- **ADT**- Adult Day Training
- **ALF**- Licensed Assisted Living Facility
- **Behavior Focus**- Behavior Focus home
- **DDC**- Developmental Disabilities Center
- **Foster home**- Licensed foster home
- **IB**- Intensive Behavioral Facility
- **ICF**- Intermediate Care Facility
- **Standard**- Standard care home
- **Other**- Any other type of facility or location

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



“Name of the Site”

Reactive Strategies: Ch. 65G-8, F.A.C.

- Enter the name of the specific home or program site where the reactive strategy was used.
- If the name of the Facility and the name of the Site are the same simply copy and paste the name from the “Name of Facility or Program” column.



Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date
▼	▼	▼	▼	▼	▼



List all Reactive Strategies that Must be Reported?

Reactive Strategies: Ch. 65G-8, F.A.C.

- If your facility, did not use any of these procedures in a given month, you are almost finished.
- Behavioral incidents that do not result in use of Reactive Strategies do not get reported here.

Reactive strategy 1=Yes Blank=No	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
	Manual Restraint .
Duration of Reactive Strategy (in Minutes)	Mechanical Restraint
	Seclusion
	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
Planned intervention ? 1=Yes Blank=No	LRC approved .
	FA completed .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	MD Rx for behavior .
	To Staff .
	To Consumers .
Serious Injuries 1=Yes Blank=No	Did Individual Die ?
	Death 1=Yes Blank=No



Reporting When NO Reactive Strategies are Used

Reactive Strategies: Ch. 65G-8, F.A.C.

- Enter the Words: “No Reactive Strategies Used” in the “Name of Individual” column, save the document, send it electronically to your Regional Behavior Analyst!
- Please do not include **any names** of clients or other information on this part of the spreadsheet.

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date
12	XY Z Group Homes	Standard	XY Z Group Homes	No Reactive Strategies Used	



“Name of the Individual” for whom the reactive strategy was needed

Reactive Strategies: Ch. 65G-8, F.A.C.

- Enter the name of the individual who needed the use of the reactive strategy.
- Enter the **last name**, a **comma**, a **space**, and the **first name** of the individual

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date
				Smith, John ←	



Entering a “Date”

Reactive Strategies: Ch. 65G-8, F.A.C.

- Please enter the date the reactive strategy was implemented.
- Use a new line for **each** new behavioral event that requires the use of a reactive strategy.
- By rule, a **new event** begins if there has been 15 minutes or more since the end of the previous use of a reactive strategy.

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date
▼	▼	▼	▼	▼	▼



“Operationally describe the behavior”

Reactive Strategies: Ch. 65G-8, F.A.C.

- Write a brief description in observable terms of the specific behavior that resulted in the application of a reactive strategy.
- See next slide for examples.

Label the Behavior	Operationally describe the behavior	Did Individual Die ?	To Consumers .	To Staff .	MID Rx for behavior .	FA completed .	LRC approved .	Was the use of this reactive strategy part of an LRC approved behavioral intervention?	Seclusion	Mechanical Restraint	Manual Restraint .	Law Enforcement .	Baker Act .	Chemical Restraint	Stat Meds used .	Psychotropic Med Prescribed	Med change in last 30 days
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“Operationally describe the behavior”

Reactive Strategies: Ch. 65G-8, F.A.C.

- Report these only if a Reactive Strategy was used as a result of the Behavior

Label the Behavior	Operationally describe the behavior
Self-Injurious Behavior	bit hand, broke skin
Property Destruction	threw TV on floor
Physical aggression to others	hit staff with shovel
Inappropriate Sexual Behavior	exposed breasts in public



“Planned Intervention”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I indicate a “Planned intervention”?
- If the reactive strategy used was part of an LRC approved behavioral intervention for the identified behavior, enter “1” for “yes”, or either enter a “0” for “No” or leave cell blank.
- If some reactive strategy other than the one approved by the LRC was used, enter a “0” or leave this cell blank for “No”.

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
Serious Injuries 1=Yes Blank=No	To Staff .
	To Consumers .
Death 1=Yes Blank=No	Did Individual Die ?



“Duration of Reactive Strategy”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I show the “Duration of Reactive Strategy” for “Seclusion”?
- “Seclusion” means the involuntary isolation of a person in a room or area from which the person is prevented from leaving. The prevention may be by physical barrier or by a staff member who is acting in a manner, or who is physically situated, so as to prevent the person from leaving the room or area.
- Timeout as defined in an LRC-approved Behavior Analysis Services Plan is not reported here until the duration last 20 min or longer.

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	LRC approved .
	FA completed .
	MD Rx for behavior .
Serious Injuries 1=Yes Blank=No	To Staff .
	To Consumers .
Death 1=Yes Blank=No	Did Individual Die ?



“Duration of Reactive Strategy”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I show the “Duration of Reactive Strategy” for “Mechanical Restraint”?
- Mechanical Restraint - a physical device used to restrict an individual’s movement or restrict the normal function of the individual’s body.
- Record the number of minutes that the person was immobilized by mechanical restraint.
- The definition does not include:
 - ▶ Medical protective equipment;
 - ▶ Physical equipment, orthopedic appliances, surgical dressings, bandages, supportive body bands, or other restraints necessary for medical treatment, routine physical examinations, or medical tests;
 - ▶ Devices used to support functional body position, proper balance, to prevent a person from falling out of bed, falling out of a wheelchair; or
 - ▶ Equipment used for safety during transportation, like seatbelts or wheelchair tie-downs.

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
	To Staff .
Serious Injuries 1=Yes Blank=No	To Consumers .
	Did Individual Die ?
Death 1=Yes Blank=No	



“Duration of Reactive Strategy”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I show the “Duration of Reactive Strategy” for “Manual Restraint”?
- Manual restraint - use of hands or body to immobilize a person’s movement or normal access to their body for more than fifteen continuous seconds.
- Record the number of minutes that the person was immobilized by manual restraint.
- Approved physical transport procedures used for < 2 min do not need to be reported here

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
	To Staff .
Serious Injuries 1=Yes Blank=No	To Consumers .
	Did Individual Die ?
Death 1=Yes Blank=No	



“Additional Interventions Required”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I indicate “Law Enforcement” involvement?
- If Law enforcement was involved in any way in the **management of the behavioral episode** enter a “1” in this column.
- It does not make a difference who initiated the law enforcement response. If the police were involved enter a “1”.
- If police come for a medical emergency, **do not** report it here.

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
Serious Injuries 1=Yes Blank=No	To Staff .
	To Consumers .
Death 1=Yes Blank=No	Did Individual Die ?



“Additional Interventions Required”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I show a “Baker Act” in the “Additional Interventions Required” column?
- If the individual required emergency admission to a mental health facility (i.e., **hospitalization under the Baker Act**), regardless of who initiated the referral, enter a “1” in this column.

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
Serious Injuries 1=Yes Blank=No	To Staff .
	To Consumers .
Death 1=Yes Blank=No	Did Individual Die ?



“Medication Used as Part of a Reactive Strategy”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How do I show a “Chemical Restraint” under “Medication used as part of a reactive strategy”?
- Medication ordered by an M.D. to effect immediate control of an individual’s behavior, that is not already part of the individual’s medication regimen, is a chemical restraint. If given during a behavioral episode a “1” is entered in this column.

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
	To Staff .
Serious Injuries 1=Yes Blank=No	To Consumers .
	Did Individual Die ?
Death 1=Yes Blank=No	



“Medication Used as Part of a Reactive Strategy”

Reactive Strategies: Ch. 65G-8, F.A.C.

- When & how do I show “Stat meds used” in the “Medication used as part of a reactive strategy”?
- If a medical professional orders **medication already prescribed for an individual to be given at a different time or different dose** as part of the intervention to effect immediate control of an individual’s behavior OR if a **PRN medication is given that has been prescribed to assist reduction of behavior requiring reactive strategies** enter a “1” in this column

Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
	Chemical Restraint
Additional Interventions Required	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
	LRC approved .
Routine Use of Behavioral Protective Equipment 1=Yes Blank=No	FA completed .
	MD Rx for behavior .
Serious Injuries 1=Yes Blank=No	To Staff .
	To Consumers .
Death 1=Yes Blank=No	Did Individual Die ?



“Takes Routine Psychotropic Medication”

Reactive Strategies: Ch. 65G-8, F.A.C.

- Under “Takes Routine Psychotropic Medication”, How do I show “Psychotropic Meds Prescribed”?
- If the person required the use of a reactive strategy and **receives psychotropic medications on an on-going** basis enter a “1” in this column.

Takes Routine Psychotropic Medication 1=Yes Blank=No	Med change in last 30 days
Medication used as part of a reactive strategy 1=Yes Blank=No	Stat Meds used .
Additional Interventions Required	Chemical Restraint
	Baker Act .
	Law Enforcement .
	Manual Restraint .
Duration of Reactive Strategy (in Minutes)	Mechanical Restraint
	Seclusion
	Was the use of this reactive strategy part of an LRC approved behavioral intervention?
Planned intervention ? 1=Yes Blank=No	



“Takes Routine Psychotropic Medication”

Reactive Strategies: Ch. 65G-8, F.A.C.

- How and when do I show a **medication change** under “Takes Routine Psychotropic Medication”?
- Enter a “1” in this column when:
 - ▶ The person required use of a reactive strategy,
 - ▶ Receives psychotropic medications on an ongoing basis, and
 - ▶ The prescription for the psychotropic medications was changed in the past 30 days.

Takes Routine Psychotropic Medication 1=Yes Blank=No <small>Medication used as part of a reactive strategy</small> 1=Yes Blank=No	Med change in last 30 days
	Psychotropic Med Prescribed
Additional Interventions Required	Stat Meds used .
	Chemical Restraint
	Baker Act .
	Law Enforcement .
Duration of Reactive Strategy (in Minutes)	Manual Restraint .
	Mechanical Restraint
	Seclusion
Planned intervention ? 1=Yes Blank=No	Was the use of this reactive strategy part of an LRC approved behavioral intervention?



Getting Behavioral Services Involved

Reactive Strategies: Ch. 65G-8, F.A.C.

- If reactive strategies are used:
 - ▶ 3 or more times in a 30-day period OR
 - ▶ 6 or more times in a 12-month period, then
- The facility, provider, or WSC should request behavior analysis services. Include the reactive strategy documentation with the request.



Activity: Good Example or Bad Example?

Reactive Strategies: Ch. 65G-8, F.A.C.



agency for persons with disabilities State of Florida

Is this a **Good Example** or a **Bad Example**?

WHY?

It's a **Bad Example**

It was faxed and hand written. Also, it has strike-outs and the names are partially readable by anyone who might receive the fax in error. And, we don't know who sent it.

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REACTIVE STRATEGIES REPORT

Report for Month / Year: April 2011
 Date Form Completed: 5/2/11
 Person Completing Form: [Redacted]

agency for persons with disabilities
 State of Florida
 To: William Carucci

To indicate:
 For "Duration" there's a 1

Please enter the appropriate information for each column below.

Area	Name of Facility or Program	Type of Facility	Name of Site	Name of Individual (last, first)	Date	Label the Behavior	Operationally describe the behavior	To indicate: For "Duration" there's a 1	To indicate: For "Duration" there's a 1
<u>12</u>	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]		
<u>40</u>	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]		

03/02/2011 07:04



Thank You for Completing the Basic Training on Reactive Strategies, Rule 65G-8, F.A.C.

If you would like to read or print a copy of this rule or Reactive Strategies Report form you can find them on the APD website at the link below:

<http://apdcares.org/providers/behavioral/seclusion/>

A big “Thank You” goes to Bill Carlucci, BCBA in the Northeast Field Office 12, Daytona, Florida, who developed the original presentation and to Zac Sims, BCaBA in the Northeast Field Office 3, Gainesville, Florida, who served as our editor.